

OBIKs SKØYTELEKSIKON

pr 2012-04-16

Alder denne ses.	Klasse 2011/12	Navn Beste OBIK-løp sesongen 2011/12	Bedrift OBIK-beste før sesongen	Født Pers. rek. (*=ikke OBIK)	sist reg. ses.
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<b>59</b>	<b>H50-59</b>	<b>Tom Askerøi</b>	<b>Oscar Records</b>	<b>1952-10-23</b>	<b>12</b>
	500	1.01.83 120104 VH	51.6 90	51.6 90	
	1000	2.05.87 120124 VH	1.47.6 89	1.47.6 89	
	1500	3.09.77 120118 VH	2.44.5 90	2.43.6 93*	
	3000	6.28.92 120104 VH	5.42.4 89	5.37.6 93*	
	5000	11.28.66 120208 VH	9.52.9 02	9.52.9 02	
	10000	23.34.58 111221 VH	19.24.1 93	19.24.1 93	
<b>51</b>	<b>H50-59</b>	<b>Kjetil Narum Bakken</b>	<b>Alcatel-Lucent</b>	<b>1960-10-12</b>	<b>12</b>
	500	44.74 120229 VH	44.9 00	43.80 09*	
	1000	1.32.12 120124 VH	1.31.2 09	1.27.29 11*	
	1500	2.19.43 120229 VH	2.18.5 04	2.11.29 07*	
	3000	4.58.78 120222 VH	4.43.99 11	4.34.22 11*	
	5000	8.27.15 120215 VH	8.05.9 09	7.47.23 11*	
	10000	17.31.00 111221 VH	16.58.33 11	16.12.69 08*	
<b>38</b>	<b>H16-39</b>	<b>Vegard Berentsen</b>	<b>Oslo-lærerne</b>	<b>1973-07-02</b>	<b>12</b>
	500	59.73 120124 VH	-	54.9 12*	
	1000	2.00.53 120124 VH	-	2.00.53 12	
	1500	-	-	2.50.8 12*	
	3000	-	-	-	
	5000	-	-	10.32.1 12*	
	10000	-	-	21.56.8 12*	
<b>57</b>	<b>H50-59</b>	<b>Odd Oskar Bjelke</b>	<b>H.M.S.</b>	<b>1954-08-07</b>	<b>12</b>
	500	46.10 120222 VH	45.1 09	44.41 09*	
	1000	1.34.81 120124 VH	1.34.0 09	1.30.59 09*	
	1500	2.28.12 120229 VH	2.22.0 09	2.20.49 09*	
	3000	5.20. 120104 VH	4.57.5 08	4.53.92 09*	
	5000	9.05.71 120111 VH	8.47.7 08	8.30.76 07*	
	10000	-	18.28.8 03	17.52.33 07*	
<b>54</b>	<b>H50-59</b>	<b>Terje Bjørk</b>	<b>Korsv Rør-serv</b>	<b>1958-06-16</b>	<b>12</b>
	500	46.28 120111 VH	45.8 05	45.6 12*	
	1000	1.31.12 120124 VH	1.29.3 06	1.29.3 06	
	1500	2.13.77 120229 VH	2.17.0 09	2.11.61 07*	
	3000	4.44.5 111207 VH	4.39.23 11	4.31.23 12*	
	5000	7.52.09 120111 VH	7.49.0 09	7.34.71 05*	
	10000	-	16.09.0 04	15.44.79 05*	
<b>64</b>	<b>H60-64</b>	<b>Geir Brunsvik</b>	<b>Oslo-Lærerne</b>	<b>1948-02-26</b>	<b>12</b>
	500	52.83 120229 VH	43.6 80	42.5 68*	
	1000	-	1.31.5 80	1.31.5 80	
	1500	2.44.99 120229 VH	2.28.3 80	2.16.1 68*	
	3000	-	5.40.0 80	4.56.7 68*	
	5000	-	-	8.39.9 68*	
	10000	-	-	-	
<b>56</b>	<b>H50-59</b>	<b>Ivar Dahl</b>	<b>NIVA</b>	<b>1955-07-25</b>	<b>12</b>
	500	44.00 120229 VH	41.9 00	41.0 94*	
	1000	1.30.43 120124 VH	1.28.2 96	1.22.4 00*	
	1500	2.17.84 120229 VH	2.08.7 00	2.03.90 02*	
	3000	5.09. 120104 VH	4.24.9 00	4.17.41 00*	
	5000	8.53.52 120208 VH	7.42.2 00	7.22.26 02*	
	10000	-	15.54.9 02	15.54.9 02	

<b>42</b>	<b>H40-49</b>	<b>Kjetil Davidsen</b>			<b>DD Entreprenør</b>	<b>1969-07-31</b>	<b>12</b>
	500	49.85	111214	VH	47.70	11	46.3 07*
	1000	1.44.15	111214	VH	1.35.29	11	1.35.29 11
	1500	-	-	-	-	-	2.24.9 06*
	3000	-	-	-	5.06.92	11	5.06.92 11
	5000	-	-	-	-	-	8.32.8 06*
	10000	-	-	-	19.46.88	11	17.54.86 06*
<b>21</b>	<b>H16-39</b>	<b>William Davidsen</b>			<b>DD Entreprenør</b>	<b>1991-05-18</b>	<b>12</b>
	500	47.60	111214	VH	-	-	46.94 11*
	1000	1.45.39	111214	VH	-	-	1.44.63 09*
	1500	-	-	-	-	-	2.33.04 11*
	3000	-	-	-	-	-	-
	5000	-	-	-	-	-	9.38.03.11*
	10000	-	-	-	-	-	20.38.0 10*
<b>53</b>	<b>H50-59</b>	<b>Frode Eidsmo</b>			<b>NAN</b>	<b>1959-01-18</b>	<b>12</b>
	500	42.89	120214	VH	43.26	11	40.8 85*
	1000	1.26.52	111214	VH	1.23.9	09	1.21.20 12*
	1500	2.10.13	120118	VH	2.08.5	09	2.01.97 11*
	3000	4.26.2	111207	VH	4.24.58	11	4.10.34 11*
	5000	7.30.13	120208	VH	7.33.97	11	7.03.62 11*
	10000	-	-	-	-	-	15.20.29 84*
<b>44</b>	<b>H40-49</b>	<b>Petter Enholm</b>			<b>Snapper</b>	<b>1968-05-09</b>	<b>12</b>
	500	47.27	120111	VH	44.7	06	43.90 08*
	1000	-	-	-	1.28.7	10	1.28.7 10
	1500	2.23.00	120215	VH	2.15.5	05	2.10.09 08*
	3000	5.07.46	120104	VH	4.34.2	08	4.27.1 08*
	5000	8.39.05	120215	VH	7.53.6	08	7.41.56 10*
	10000	-	-	-	17.04.5	08	16.02.91 08*
<b>61</b>	<b>H60-64</b>	<b>Terje Erfjord</b>			<b>Statnett</b>	<b>1951-06-21</b>	<b>12</b>
	500	47.51	120111	VH	44.3	95	43.5 87*
	1000	1.34.44	120124	VH	1.29.1	94	1.27.7 89*
	1500	2.21.79	120229	VH	2.15.5	01	2.10.6 89*
	3000	5.00.24	120104	VH	4.40.0	02	4.31.0 94*
	5000	8.27.20	120111	VH	8.04.4	95	7.48.95 02*
	10000	-	-	-	16.08.9	93	16.08.9 93
<b>54</b>	<b>H50-59</b>	<b>Lars Petter Ernø</b>			<b>Shellklubben</b>	<b>1958-02-22</b>	<b>12</b>
	500	-	-	-	-	-	53.7 12*
	1000	-	-	-	-	-	-
	1500	-	-	-	-	-	2.42.8 12*
	3000	-	-	-	-	-	-
	5000	9.35.29	120111	VH	-	-	9.25.2 12*
	10000	19.31.45	111221	VH	-	-	19.31.45 12
<b>80</b>	<b>H80-84</b>	<b>Martin Fagna</b>			<b>NBBL Utb</b>	<b>1932-01-16</b>	<b>12</b>
	500	56.40	120229	VH	43.6	79	43.2 87*
	1000	2.12.60	120215	VH	1.29.5	80	1.29.3 87*
	1500	3.16.75	120229	VH	2.21.7	78	2.17.9 89*
	3000	8.48.00	120214	VH	5.11.7	84	5.01.6 65*
	5000	-	-	-	9.03.3	90	8.36.4 65*
	10000	-	-	-	19.40.0	85	18.05.1 65*
<b>61</b>	<b>H60-64</b>	<b>Hasse Farstad</b>			<b>Europower</b>	<b>1950-07-24</b>	<b>12</b>
	500	48.23	120214	VH	47.5	08	42.4 72*
	1000	1.41.28	111214	VH	1.36.0	10	1.28.3 72*
	1500	2.26.98	120118	VH	2.24.5	07	2.12.3 72*
	3000	5.02.49	120222	VH	5.02.4	07	4.37.6 72*
	5000	8.52.39	120111	VH	8.45.8	07	8.02.2 71*
	10000	18.28.82	111221	VH	18.19.5	10	17.11.3 72*

51	<b>H50-59 Paul D. Fitzgerald</b>		<b>Oscar Recs/USA</b>	<b>1961-05-20</b>	<b>12</b>
	500	50.36 120229 VH	48.5 91	46.55 06*	
	1000	-	1.42.6 91	1.31.60 07*	
	1500	2.35.75 120229 VH	2.28.8 98	2.17.78 01*	
	3000	5.35.06 120222 VH	5.13.8 91	4.43.12 03*	
	5000	-	8.41.9 95	7.59.44 05*	
	10000	21.19.50 120307 VH	18.05.6 95	16.42.75 06*	
54	<b>H50-59 Terje Fjæreide</b>		<b>JVIL</b>	<b>1957-10-02</b>	<b>12</b>
	500	47.26 120214 VH	46.7 07	45.7 02*	
	1000	1.38.83 111214 VH	1.32.5 07	1.30.44 06*	
	1500	2.29.22 120118 VH	2.25.2 07	2.17.40 06*	
	3000	5.23.5 111207 VH	5.12.8 04	4.50.87 01*	
	5000	-	8.58.7 07	8.13.88 01*	
	10000	-	-	17.38.58 99*	
70	<b>H70-74 Kolbjørn Fossland</b>		<b>Fossland</b>	<b>1941-10-05</b>	<b>12</b>
	500	58.56 111214 VH	44.8 81	44.8 81	
	1000	2.06.03 120125 VH	1.31.9 80	1.31.9 80	
	1500	-	2.21.2 81	2.21.2 81	
	3000	-	5.03.3 81	5.03.3 81	
	5000	-	8.44.5 80	8.41.0 93*	
	10000	-	17.52.8 93	17.52.8 93	
38	<b>H16-39 Gard Skoe Fredriksen</b>		<b>Oslo Kommune</b>	<b>1973-10-04</b>	<b>12</b>
	500	-	-	46.27 08*	
	1000	1.42.69 120307 VH	-	1.33.5 05*	
	1500	-	-	2.17.51 08*	
	3000	-	-	4.58.19 08*	
	5000	-	-	8.49.07 05*	
	10000	-	-	18.58.5 12*	
55	<b>H50-59 Bjørn Fæster</b>		<b>Plannja</b>	<b>1957-02-23</b>	<b>12</b>
	500	56.39 120118 VH	57.07 11	56.39 12	
	1000	1.59.73 120124 VH	-	1.59.73 12	
	1500	2.58.62 120229 VH	3.11.01 11	2.58.62 12	
	3000	6.36.53 120104 VH	-	6.36.53 12	
	5000	-	-	-	
	10000	-	-	-	
50	<b>H50-59 Jon Kjetil Gauslaa</b>		<b>Oslo Tinghus</b>	<b>1962-01-10</b>	<b>12</b>
	500	45.64 120222 VH	45.4 99	44.43 12*	
	1000	1.29.85 111214 VH	1.29.1 10	1.24.22 11*	
	1500	2.12.07 120229 VH	2.12.30 11	2.04.83 11*	
	3000	4.36.5 111207 VH	4.31.24 11	4.16.43 11*	
	5000	7.53.01 120111 VH	7.41.15 11	7.15.10 11*	
	10000	15.58.40 111221 VH	16.16.5 10	15.14.26 11*	
42	<b>H40-49 Tommy Grønlund</b>		<b>Tine</b>	<b>1969-10-20</b>	<b>12</b>
	500	52.92 120307 VH	-	52.92 12	
	1000	-	1.45.56 11	1.45.56 11	
	1500	2.28.15 120229 VH	-	2.28.15 12	
	3000	-	-	-	
	5000	-	-	-	
	10000	-	-	-	
58	<b>H50-59 Erik Gunnerød</b>		<b>Oslo Taxi</b>	<b>1953-09-14</b>	<b>12</b>
	500	45.86 120214 VH	43.3 96	40.6 79*	
	1000	1.36.00 120124 VH	1.30.6 01	1.26.4 77*	
	1500	2.27.65 120229 VH	2.17.2 95	2.16.63 01*	
	3000	5.53.11 120214 VH	4.56.5 00	4.50.14 00*	
	5000	9.38.19 120208 VH	8.54.6 99	8.27.8 00*	
	10000	-	19.13.3 99	18.47.1 00*	

56	<b>H50-59</b>	<b>Espen Hansen</b>			<b>Nycomed Pharm</b>	<b>1956-01-03</b>	<b>12</b>
	500	43.35	120229	VH	41.8	91	41.2 93*
	1000	1.28.13	120124	VH	1.22.3	00	1.20.51 99*
	1500	2.11.16	120229	VH	2.07.2	00	2.02.28 99*
	3000	4.45.28	120104	VH	4.22.7	95	4.11.21 99*
	5000	8.14.56	120208	VH	7.38.4	00	7.18.47 02*
	10000			-	16.05.7	93	15.57.34 08*
53	<b>K</b>	<b>Sara Hemmer</b>			<b>Sogn VGS</b>	<b>1959-03-25</b>	<b>12</b>
	500	57.51	120222	VH	1.05.70	11	55.5 12*
	1000	2.00.80	120125	VH	2.12.35	11	2.00.80 12
	1500	2.43.50	120229	VH	3.13.15	11	2.43.50 12
	3000	6.00.70	120222	VH	6.27.19	11	6.00.70 12
	5000	10.35.25	120215	VH	11.12.35	11	9.39.9 12*
	10000			-		-	20.03.7 12*
53	<b>H50-59</b>	<b>Morten Henriksen</b>			<b>BernerGruppen</b>	<b>1958-12-03</b>	<b>12</b>
	500	42.88	120118	VH	41.7	09	39.70 77*
	1000			-	1.23.4	09	1.19.33 07*
	1500	2.13.14	120118	VH	2.07.2	10	2.00.09 07*
	3000			-	4.29.3	09	4.18.54 07*
	5000			-		-	7.23.24 09*
	10000			-		-	15.31.59 09*
47	<b>H40-49</b>	<b>Hans M Hilde</b>			<b>Pareto Project</b>	<b>1965-01-02</b>	<b>12</b>
	500	43.61	120307	VH		-	40.6 93*
	1000			-		-	1.23.5 93*
	1500			-		-	2.28.0 92*
	3000			-		-	-
	5000			-		-	-
	10000			-		-	-
68	<b>H65-69</b>	<b>Asbjørn Hildrum</b>			<b>OPIL</b>	<b>1944-05-20</b>	<b>12</b>
	500	47.63	120214	VH	42.6	82	42.1 94*
	1000	1.39.15	120124	VH	1.28.1	01	1.26.53 95*
	1500	2.30.85	120215	VH	2.14.6	00	2.09.9 94*
	3000	5.29.10	120104	VH	4.39.4	00	4.35.9 94*
	5000	9.28.70	120111	VH	8.24.9	90	8.01.4 94*
	10000			-	16.45.2	93	16.45.2 93
67	<b>H65-69</b>	<b>Per Magne Huse</b>			<b>EDB Business P</b>	<b>1944-07-28</b>	<b>12</b>
	500	48.54	120111	VH	43.0	79	43.0 79
	1000	1.38.93	120124	VH	1.29.5	83	1.29.5 83
	1500	2.34.22	120229	VH	2.19.2	79	2.17.4 94*
	3000	5.29.7	111207	VH	4.58.9	78	4.50.4 94*
	5000	9.36.40	120208	VH	8.27.4	79	8.27.4 79
	10000			-	17.44.0	80	17.44.0 80
54	<b>H50-59</b>	<b>Iver Johansen</b>			<b>FFI</b>	<b>1958-02-10</b>	<b>12</b>
	500	44.79	120229	VH	43.1	00	42.81 99*
	1000	1.31.17	120125	VH	1.27.9	00	1.25.48 06*
	1500	2.19.44	120229	VH	2.14.1	02	2.11.42 02*
	3000	4.58.05	120222	VH	4.47.7	00	4.35.38 02*
	5000	8.27.35	120111	VH	8.19.6	02	7.59.85 02*
	10000			-	17.19.4	93	16.37.85 07*
27	<b>H16-39</b>	<b>Hans Kristian Jorde</b>			<b>Aas-Jakobsen</b>	<b>1985-03-24</b>	<b>12</b>
	500	44.29	120214	VH		-	42.11 02*
	1000	1.27.75	120124	VH		-	1.22.38 04*
	1500	2.16.50	120118	VH		-	2.06.14 03*
	3000	5.15.07	120214	VH		-	4.23.95 03*
	5000	8.34.33	120208	VH		-	7.44.53 03*
	10000			-		-	16.40.3 04*

51	<b>H50-59</b>	<b>Gunnar Ligaarden</b>		<b>AdvokatDirekt</b>	<b>1961-03-09</b>	<b>12</b>
	500	48.31	120222 VH	47.2 07	46.15 08*	
	1000	1.35.15	120125 VH	1.33.2 07	1.32.30 09*	
	1500	2.24.20	120215 VH	2.21.8 08	2.14.22 07*	
	3000	5.07.6	111207 VH	4.56.4 08	4.42.09 07*	
	5000	8.41.25	120208 VH	8.41.7 09	8.13.11 12*	
	10000		-	17.47.6 06	17.19.44 07*	
48	<b>H40-49</b>	<b>Gerrit Middelkoop</b>		<b>N Folkehelse</b>	<b>1964-03-19</b>	<b>12</b>
	500	50.68	120222 VH	53.32 11	49.7 12*	
	1000	1.42.43	120124 VH	1.53.13 11	1.42.43 12	
	1500	2.36.12	120229 VH	2.45.99 11	2.36.12 12	
	3000	5.36.99	120222 VH	5.38.11 11	5.36.99 12	
	5000	9.27.78	120208 VH	9.41.39 11	9.22.3 12*	
	10000	19.55.77	111221 VH	22.11.37 11	19.36.3 12*	
60	<b>H60-64</b>	<b>Arvid Moger</b>		<b>Park &amp; idrett</b>	<b>1951-08-26</b>	<b>12</b>
	500	50.95	120111 VH	45.7 00	44.59 06*	
	1000		-	1.33.4 05	1.30.11 01*	
	1500		-	2.21.2 00	2.13.36 06*	
	3000	5.17.80	120104 VH	4.51.9 06	4.32.72 06*	
	5000	9.07.39	120111 VH	8.20.8 05	7.51.49 06*	
	10000		-	17.21.0 00	16.29.48 06*	
51	<b>H50-59</b>	<b>Henry Nilsen</b>		<b>Oslo Taxi</b>	<b>1961-04-12</b>	<b>12</b>
	500	47.64	120111 VH	49.24 11	40.80 86*	
	1000	1.36.41	120124 VH	1.58.0 91	1.21.0 85*	
	1500	2.25.7	120201 VH	2.41.49 11	2.02.96 86*	
	3000	5.13.25	111221 VH	-	4.14.06 86*	
	5000	9.01.98	120208 VH	-	7.08.97 84*	
	10000		-	-	14.54.7 88*	
60	<b>H60-64</b>	<b>Stein Opdahl</b>		<b>SSB</b>	<b>1952-03-01</b>	<b>12</b>
	500	51.38	120104 VH	46.5 01	46.5 01	
	1000		-	1.34.5 04	1.33.71 03*	
	1500	2.40.93	120229 VH	2.24.5 02	2.21.07 03*	
	3000	5.54.73	120104 VH	5.02.4 02	4.57.39 02*	
	5000	10.09.36	120111 VH	8.47.1 00	8.36.77 03*	
	10000	20.33.74	111221 VH	18.12.2 04	17.36.55 03*	
43	<b>H40-49</b>	<b>Ole Espen Rakkestad</b>		<b>Nokut</b>	<b>1968-11-18</b>	<b>12</b>
	500	48.62	120214 VH	47.9 08	47.9 08	
	1000		-	2.08.8 07	1.36.58 10*	
	1500	2.27.86	120229 VH	2.23.5 10	2.23.5 10	
	3000	5.04.3	111207 VH	4.54.5 08	4.54.5 08	
	5000	8.44.03	120111 VH	8.19.8 07	8.19.27 09*	
	10000	18.11.74	111221 VH	17.33.8 08	17.33.8 08	
54	<b>H50-59</b>	<b>Stein Refsland</b>		<b>OPIL</b>	<b>1957-10-08</b>	<b>12</b>
	500	51.22	120229 VH	48.7 06	48.7 06	
	1000		-	-	1.47.43 12*	
	1500	2.34.42	120229 VH	2.31.6 06	2.31.6 06	
	3000	5.46.72	120222 VH	5.12.1 06	5.12.1 06	
	5000	9.58.14	120215 VH	9.22.1 06	9.22.1 06	
	10000		-	-	-	
76	<b>H75-79</b>	<b>Kjell H Riise</b>		<b>Riise</b>	<b>1935-09-16</b>	<b>12</b>
	500	1.31.69	120222 VH	1.31.4 10	1.23.00 11*	
	1000		-	-	-	
	1500		-	-	-	
	3000		-	-	-	
	5000		-	-	-	
	10000		-	-	-	

<b>43</b>	<b>H40-49</b>	<b>Hans Christian Schrøder</b>	<b>Teria</b>		<b>1968-10-31</b>	<b>12</b>
	500	46.22 120104 VH		-	42.7 87*	
	1000	1.38.93 120124 VH		-	1.29.8 87*	
	1500	2.37.27 120229 VH		-	2.18.2 87*	
	3000	-		-	4.59.5 87*	
	5000	-		-	9.07.90 87*	
	10000	-		-	-	
<b>46</b>	<b>H40-49</b>	<b>Kim Sekkelsten</b>	<b>DNT</b>		<b>1965-07-02</b>	<b>12</b>
	500	57.03 120229 VH		59.2 09	56.3 12*	
	1000	1.55.45 120124 VH		2.01.93 11	1.55.45 12	
	1500	2.52.39 120229 VH		3.05.2 10	2.52.39 12	
	3000	6.14.03 120222 VH		6.27.84 11	6.14.03 12	
	5000	10.35.72 120215 VH		11.00.9 09	10.19.0 12*	
	10000	23.34.61 111221 VH		21.59.9 09	21.46.4 12*	
<b>54</b>	<b>H50-59</b>	<b>John K Solem</b>	<b>DnB NOR</b>		<b>1957-07-11</b>	<b>12</b>
	500	49.34 120229 VH		48.0 08	47.89 08*	
	1000	1.40.55 120124 VH		1.37.9 10	1.37.47 11*	
	1500	2.32.0 120201 VH		2.28.9 10	2.25.19 08*	
	3000	-		5.13.3 08	5.05.36 10*	
	5000	9.41.38 120111 VH		9.19.0 08	8.53.52 08*	
	10000	-		-	18.36.54 08*	
<b>57</b>	<b>H50-59</b>	<b>Arne Stenhaug</b>	<b>CRS</b>		<b>1955-06-16</b>	<b>12</b>
	500	44.39 120214 VH		41.9 07	41.21 09*	
	1000	-		1.25.5 03	1.21.98 10*	
	1500	-		2.13.5 06	2.03.45 07*	
	3000	5.10.5 111207 VH		4.37.6 06	4.23.55 07*	
	5000	-		8.11.8 08	7.38.80 07*	
	10000	-		16.53.7 06	16.16.06 07*	
<b>61</b>	<b>H60-64</b>	<b>Oddmar Stenhaug</b>	<b>Stenhaug</b>		<b>1950-07-20</b>	<b>12</b>
	500	53.78 120229 VH		-	53.78 12	
	1000	-		-	-	
	1500	2.39.93 120229 VH		-	2.39.93 12	
	3000	-		-	-	
	5000	-		-	-	
	10000	-		-	-	
<b>56</b>	<b>H50-59</b>	<b>Per Gunnar Stensvaag</b>	<b>SAS</b>		<b>1956-05-18</b>	<b>12</b>
	500	-		44.6 05	43.63 04*	
	1000	-		2.01.0 07	1.28.17 08*	
	1500	-		2.27.0 03	2.12.5 06*	
	3000	-		5.12.2 06	4.36.72 06*	
	5000	-		10.30.2 05	7.50.53 07*	
	10000	19.25.38 111221 VH		17.44.8 04	16.49.57 04*	
<b>73</b>	<b>H70-74</b>	<b>Ole Støen</b>	<b>Norema</b>		<b>1939-03-24</b>	<b>12</b>
	500	57.92 120104 VH		47.3 83	47.3 83	
	1000	-		1.36.6 87	1.36.6 87	
	1500	-		2.28.7 86	2.25.2 93*	
	3000	6.36.85 120104 VH		4.59.7 84	4.58.4 94*	
	5000	-		8.29.2 83	8.22.1 93*	
	10000	-		17.01.0 93	17.01.0 93	
<b>69</b>	<b>H65-69</b>	<b>Sven-Åge Svensson</b>	<b>Atea</b>		<b>1942-07-08</b>	<b>12</b>
	500	50.69 120118 VH		43.5 00	43.5 93*	
	1000	1.44.85 120125 VH		1.27.1 00	1.25.95 99*	
	1500	2.40.87 120215 VH		2.14.5 00	2.10.95 99*	
	3000	-		4.40.6 00	4.34.8 94*	
	5000	-		8.13.3 00	7.59.9 93*	
	10000	-		16.43.8 93	16.43.8 93	

53	<b>H50-59 Geir Tvenge</b>		<b>Sykehuspartner</b>	<b>1958-12-05</b>	<b>12</b>
	500	55.89 120222 VH	-	53.9	12*
	1000	-	-	-	-
	1500	-	-	2.59.9	12*
	3000	7.00.50 120222 VH	-	7.00.50	12*
	5000	-	-	11.27.6	12*
	10000	-	-	-	-
60	<b>H60-64 Peder Tyvand</b>		<b>UMB</b>	<b>1951-09-02</b>	<b>12</b>
	500	55.73 120222 VH	50.1 90	50.1	90
	1000	-	1.46.0 02	1.46.0	02
	1500	3.02.13 120215 VH	2.44.6 00	2.39.92	05*
	3000	6.28.24 120222 VH	5.56.2 01	5.56.2	01
	5000	11.17.89 120215 VH	10.38.3 00	10.02.49	05*
	10000	-	22.34.8 04	21.07.93	06*
61	<b>H60-64 Erik Vea</b>		<b>Sørum Komm.</b>	<b>1951-06-11</b>	<b>12</b>
	500	44.72 120104 VH	41.6 91	40.02	78*
	1000	1.30.47 111214 VH	1.25.8 07	1.20.8	79*
	1500	2.15.36 120118 VH	2.05.0 92	2.00.44	80*
	3000	4.45.0 111207 VH	4.29.5 91	4.12.40	04*
	5000	8.20.13 111221 VH	8.05.3 10	7.20.85	04*
	10000	-	-	15.34.5	78*
40	<b>H40-49 Sveinung Vea</b>		<b>Skift Gir</b>	<b>1972-05-24</b>	<b>12</b>
	500	48.08 120222 VH	-	47.64	87*
	1000	1.39.82 120124 VH	-	1.37.3	88*
	1500	2.25.60 120215 VH	-	2.24.3	12*
	3000	5.03.20 120222 VH	-	5.03.20	12
	5000	9.00.56 120208 VH	-	8.42.6	12*
	10000	-	-	18.17.5	12*
67	<b>H65-69 Anders Værang</b>		<b>Skanska</b>	<b>1944-07-21</b>	<b>12</b>
	500	50.17 120214 VH	42.0 80	41.5	77*
	1000	1.44.12 120125 VH	1.25.2 80	1.23.8	77*
	1500	2.29.47 120229 VH	2.13.1 81	2.07.71	76*
	3000	5.46.47 120222 VH	4.49.6 80	4.33.43	76*
	5000	9.46.17 120215 VH	8.24.0 80	7.47.6	76*
	10000	-	18.09.6 84	16.57.5	76*
61	<b>H60-64 Øivind Øiseth (Andersen)</b>		<b>Katalogforl.</b>	<b>1951-04-05</b>	<b>12</b>
	500	47.80 120118 VH	43.2 90	42.1	81*
	1000	1.40.87 111214 VH	1.25.9 90	1.23.5	89*
	1500	2.27.38 120229 VH	2.10.7 90	2.06.7	89*
	3000	5.12.4 111207 VH	4.36.7 89	4.30.9	93*
	5000	8.52.54 120111 VH	8.03.9 87	7.40.91	02*
	10000	-	15.57.9 93	15.57.9	93