

OBIKs SKØYTELEKSIKON				pr 2015-03-24			
Kun delt. 1984/85 ->				dato			
Klasse	Navn			Bedrift	Født	sist	
2014/15	Beste OBIK-løp			OBIK-beste	Pers. rek.	reg.	
	sesongen 2014/15			før sesongen	(*=ikke OBIK)	ses.	
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<b>57</b>	<b>H50-59</b>	<b>Pål Agdestein</b>		<b>Agdestein...</b>	<b>1957*05*26</b>	<b>15</b>	
	500	44.05	20141122 Fr	41.1 05	40.3 93*		
	1000	1.28.39	20141203 VH	1.21.9 99	1.20.8 00*		
	1500	-	-	2.06.6 00	2.02.59 11*		
	3000	4.44.84	20141122 Fr	4.31.1 99	4.16.50 11*		
	5000	8.01.05	20150107 VH	7.48.5 99	7.25.09 02*		
	10000	16.29.31	20141217 VH	15.44.6 93	15.38.20 15*		
<b>27</b>	<b>H16-39</b>	<b>Ragnar Bragvin Andresen</b>		<b>Jobzone</b>	<b>1988*02*01</b>	<b>15</b>	
	500	47.23	20150121 VH	-	47.23 15		
	1000	-	-	-	-		
	1500	-	-	-	-		
	3000	4.54.08	20150210 VH	-	4.54.08 15		
	5000	-	-	-	-		
	10000	-	-	-	-		
<b>62</b>	<b>H60-64</b>	<b>Tom Askerøi</b>		<b>Oscar Records</b>	<b>1952*10*23</b>	<b>15</b>	
	500	1.02.80	20150210 VH	51.6 90	51.6 90		
	1000	2.11.11	20141203 VH	1.47.6 89	1.47.6 89		
	1500	3.17.80	20150114 VH	2.44.5 90	2.43.6 93*		
	3000	6.49.78	20141122 Fr	5.42.4 89	5.37.6 93*		
	5000	12.07.01	20150107 VH	9.52.9 02	9.52.9 02		
	10000	24.07.85	20141217 VH	19.24.1 93	19.24.1 93		
<b>54</b>	<b>H50-59</b>	<b>Kjetil Narum Bakken</b>		<b>Alcatel-Lucent</b>	<b>1960*10*12</b>	<b>15</b>	
	500	44.89	20150210 VH	44.74 12	43.80 09*		
	1000	1.34.43	20150127 VH	1.31.2 09	1.27.29 11*		
	1500	2.22.24	20150304 VH	2.18.5 04	2.11.29 07*		
	3000	4.58.31	20150210 VH	4.43.99 11	4.34.22 11*		
	5000	8.29.12	20150218 VH	8.05.9 09	7.47.23 11*		
	10000	17.48.52	20141217 VH	16.58.33 11	16.12.69 08*		
<b>38</b>	<b>H16-39</b>	<b>Karl Henning Barmen</b>		<b>Aas-Jakobsen</b>	<b>1977*05*24</b>	<b>15</b>	
	500	-	-	-	-		
	1000	3.12.09	20150218 VH	-	3.12.09 15		
	1500	-	-	-	-		
	3000	-	-	-	-		
	5000	-	-	-	-		
	10000	-	-	-	-		
<b>60</b>	<b>H60-64</b>	<b>Odd Oskar Bjelke</b>		<b>Nav HMS OA</b>	<b>1954*08*07</b>	<b>15</b>	
	500	47.66	20141122 Fr	45.1 09	44.41 09*		
	1000	1.38.06	20150127 VH	1.34.0 09	1.30.59 09*		
	1500	2.34.21	20150304 VH	2.22.0 09	2.20.49 09*		
	3000	5.29.01	20141210 VH	4.57.5 08	4.53.92 09*		
	5000	9.45.95	20150107 VH	8.47.7 08	8.30.76 07*		
	10000	-	-	18.28.8 03	17.52.33 07*		
<b>57</b>	<b>H50-59</b>	<b>Terje Bjørk</b>		<b>Korsv Rør-serv</b>	<b>1958*06*16</b>	<b>15</b>	
	500	47.93	20150127 VH	45.8 05	45.6 12*		
	1000	1.32.68	20150127 VH	1.29.3 06	1.29.3 06		
	1500	2.27.74	20150211 VH	2.13.77 12	2.11.30 13*		
	3000	4.55.34	20141210 VH	4.38.42 13	4.28.04 13*		
	5000	8.15.01	20150107 VH	7.48.90 13	7.34.71 05*		
	10000	17.06.20	20141217 VH	16.09.0 04	15.44.79 05*		

<b>56</b>	<b>H50-59</b>	<b>Torbjørn Bratli</b>		<b>KLP</b>		<b>1958*11*17</b>	<b>15</b>
	500	50.55	20150304 VH		50.42 14	50.42 14	
	1000	1.46.83	20150127 VH		1.49.35 14	1.46.83 15	
	1500	2.44.92	20150304 VH		2.50.14 14	2.44.92 15	
	3000	-	-		-	-	
	5000	-	-		-	-	
	10000	-	-		-	-	
<b>29</b>	<b>H16-39</b>	<b>Daniel Brodshaug</b>		<b>Aas-Jakobsen</b>		<b>1985*08*31</b>	<b>15</b>
	500	-	-		-	-	
	1000	2.26.09	20150218 VH		-	2.26.09 15	
	1500	-	-		-	-	
	3000	-	-		-	-	
	5000	-	-		-	-	
	10000	-	-		-	-	
<b>67</b>	<b>H65-69</b>	<b>Geir Brunsvik</b>		<b>Oslo-Lærerne</b>		<b>1948*02*26</b>	<b>15</b>
	500	52.25	20150225 VH		43.6 80	42.5 68*	
	1000	1.46.14	20150127 VH		1.31.5 80	1.31.5 80	
	1500	2.43.33	20150218 VH		2.28.3 80	2.16.1 68*	
	3000	5.47.59	20141122 Fr		5.40.0 80	4.56.7 68*	
	5000	9.53.30	20150107 VH		-	8.39.9 68*	
	10000	21.16.37	20141217 VH		-	21.16.37 15	
<b>24</b>	<b>H16-39</b>	<b>Georg A Bugge</b>		<b>Aas-Jakobsen</b>		<b>1990*12*13</b>	<b>15</b>
	500	-	-		-	-	
	1000	2.21.19	20150218 VH		-	2.21.19 15	
	1500	-	-		-	-	
	3000	-	-		-	-	
	5000	-	-		-	-	
	10000	-	-		-	-	
<b>61</b>	<b>H60-64</b>	<b>Per Inge Båtnes</b>		<b>HiOA</b>		<b>1954*04*15</b>	<b>15</b>
	500	49.27	20150225 VH		50.18 14	49.27 15	
	1000	-	-		-	-	
	1500	2.33.50	20150114 VH		2.33.18 14	2.27.73 15*	
	3000	5.25.57	20150225 VH		5.25.05 14	5.25.05 14	
	5000	-	-		9.13.25 14	8.51.33 15*	
	10000	-	-		-	21.25.05 15*	
<b>59</b>	<b>H50-59</b>	<b>Ivar Dahl</b>		<b>NIVA</b>		<b>1955*07*25</b>	<b>15</b>
	500	44.28	20150225 VH		41.9 00	41.0 94*	
	1000	1.31.65	20150127 VH		1.28.2 96	1.22.4 00*	
	1500	2.20.92	20150304 VH		2.08.7 00	2.03.90 02*	
	3000	5.06.90	20141210 VH		4.24.9 00	4.17.41 00*	
	5000	-	-		7.42.2 00	7.22.26 02*	
	10000	-	-		15.54.9 02	15.54.9 02	
<b>35</b>	<b>H16-39</b>	<b>Kjetil Dahl</b>		<b>Aas-Jakobsen</b>		<b>1980*01*30</b>	<b>15</b>
	500	-	-		-	-	
	1000	2.06.84	20150218 VH		-	2.06.84 15	
	1500	-	-		-	-	
	3000	-	-		-	-	
	5000	-	-		-	-	
	10000	-	-		-	-	
<b>32</b>	<b>H16-39</b>	<b>Geir Dyrhaug</b>		<b>COWI</b>		<b>1983*05*21</b>	<b>15</b>
	500	1.01.48	20150121 VH		-	1.01.48 15	
	1000	-	-		-	-	
	1500	-	-		-	-	
	3000	7.13.88	20150121 VH		-	7.13.88 15	
	5000	-	-		-	-	
	10000	-	-		-	-	

<b>44</b>	<b>H40-49</b>	<b>Trond E Eggen</b>			<b>Aas-Jakobsen</b>	<b>1970*11*16</b>	<b>15</b>
	500		-		-	-	
	1000	1.59.29	20150218	VH	-	1.59.29	15
	1500		-		-	-	
	3000		-		-	-	
	5000		-		-	-	
	10000		-		-	-	
<b>56</b>	<b>H50-59</b>	<b>Frode Eidsmo</b>			<b>NAN</b>	<b>1959*01*18</b>	<b>15</b>
	500		-		42.89	12	40.8 85*
	1000		-		1.23.9	09	1.20.66 15*
	1500		-		2.08.5	09	2.01.73 15*
	3000		-		4.24.58	11	4.10.34 11*
	5000	7.46.22	20141217	VH	7.27.01	13	7.03.62 11*
	10000		-		15.55.86	14	15.17.26 14*
<b>27</b>	<b>H16-39</b>	<b>Espen Erdal</b>			<b>Aas-Jakobsen</b>	<b>1987*12*04</b>	<b>15</b>
	500		-		-	-	
	1000	2.29.62	20150218	VH	-	2.29.62	15
	1500		-		-	-	
	3000		-		-	-	
	5000		-		-	-	
	10000		-		-	-	
<b>64</b>	<b>H60-64</b>	<b>Terje Erfjord</b>			<b>Statnett</b>	<b>1951*06*21</b>	<b>15</b>
	500	48.20	20141122	Fr	44.3	95	43.5 87*
	1000	1.36.41	20150127	VH	1.29.1	94	1.27.7 89*
	1500	2.25.99	20150114	VH	2.15.5	01	2.10.6 89*
	3000	5.05.26	20141122	Fr	4.40.0	02	4.31.0 94*
	5000	8.47.08	20150211	VH	8.04.4	95	7.48.95 02*
	10000		-		16.08.9	93	16.08.9 93
<b>57</b>	<b>H50-59</b>	<b>Lars Petter Ernø</b>			<b>Shellklubben</b>	<b>1958*02*22</b>	<b>15</b>
	500	55.70	20141122	Fr	55.42	14	53.7 12*
	1000		-		-	-	
	1500		-		2.45.94	13	2.42.8 12*
	3000	5.32.54	20141122	Fr	5.36.50	14	5.32.54 15
	5000	9.41.93	20150107	VH	9.30.22	13	9.25.2 12*
	10000	19.00.40	20141217	VH	19.31.45	12	19.00.40 15
<b>64</b>	<b>H60-64</b>	<b>Hasse Farstad</b>			<b>Europower</b>	<b>1950*07*24</b>	<b>15</b>
	500	50.86	20150304	VH	47.5	08	42.4 72*
	1000		-		1.36.0	10	1.28.3 72*
	1500	2.34.40	20150304	VH	2.24.5	07	2.12.3 72*
	3000		-		5.02.4	07	4.37.6 72*
	5000		-		8.45.8	07	8.02.2 71*
	10000		-		18.11.79	13	17.11.3 72*
<b>57</b>	<b>H50-59</b>	<b>Terje Fjæreide</b>			<b>JVIL</b>	<b>1957*10*02</b>	<b>15</b>
	500	49.67	20150210	VH	46.7	07	45.7 02*
	1000	1.44.81	20141203	VH	1.32.5	07	1.30.44 06*
	1500		-		2.25.2	07	2.17.40 06*
	3000	5.25.54	20150210	VH	5.12.8	04	4.50.87 01*
	5000	9.41.66	20150107	VH	8.58.7	07	8.13.88 01*
	10000		-		-	-	17.38.58 99*
<b>28</b>	<b>H16-39</b>	<b>Ole Jørgen Fredheim</b>			<b>Aas-Jakobsen</b>	<b>1986*11*21</b>	<b>15</b>
	500		-		-	-	
	1000	2.38.29	20150218	VH	-	2.38.29	15
	1500		-		-	-	
	3000		-		-	-	
	5000		-		-	-	
	10000		-		-	-	

<b>41</b>	<b>H40-49</b>	<b>Gard Skoe Fredriksen</b>		<b>Oslo Kommune</b>	<b>1973*10*04</b>	<b>15</b>
	500	-		-	45.98 15*	
	1000	-		1.42.69 12	1.33.5 05*	
	1500	-		-	2.17.51 08*	
	3000	5.08.75	20150218 VH	-	4.58.19 08*	
	5000	-		-	8.40.02 15*	
	10000	-		-	18.41.00 15*	
<b>29</b>	<b>H16-39</b>	<b>Leif Egil Friestad</b>		<b>Geovita</b>	<b>1986*01*19</b>	<b>15</b>
	500	-		-	-	
	1000	2.10.65	20150218 VH	-	2.10.65 15	
	1500	-		-	-	
	3000	-		-	-	
	5000	-		-	-	
	10000	-		-	-	
<b>53</b>	<b>H50-59</b>	<b>Jon Gauslaa</b>		<b>Oslo Tinghus</b>	<b>1962*01*10</b>	<b>15</b>
	500	47.35	20150210 VH	45.4 99	44.43 12*	
	1000	-		1.29.1 10	1.24.22 11*	
	1500	2.19.73	20150211 VH	2.11.51 13	2.04.83 11*	
	3000	4.41.21	20150210 VH	4.30.87 13	4.16.43 11*	
	5000	8.08.22	20150107 VH	7.41.15 11	7.15.10 11*	
	10000	16.40.95	20141217 VH	15.58.40 12	15.14.26 11*	
<b>30</b>	<b>H16-39</b>	<b>Magne Lie Gilberg</b>		<b>Aas-Jakobsen</b>	<b>1984*08*11</b>	<b>15</b>
	500	-		-	-	
	1000	2.22.47	20150218 VH	-	2.22.47 15	
	1500	-		-	-	
	3000	-		-	-	
	5000	-		-	-	
	10000	-		-	-	
<b>54</b>	<b>H50-59</b>	<b>Anders Grendahl</b>		<b>Aas-Jakobsen</b>	<b>1961*05*22</b>	<b>15</b>
	500	-		-	-	
	1000	2.03.95	20150218 VH	-	2.03.95 15	
	1500	-		-	-	
	3000	-		-	-	
	5000	-		-	-	
	10000	-		-	-	
<b>64</b>	<b>H60-64</b>	<b>Pål Gulliksen</b>		<b>Inventum AS</b>	<b>1950*08*06</b>	<b>15</b>
	500	54.60	20150218 VH	55.05 14	54.60 15	
	1000	1.56.65	20141203 VH	1.58.48 14	1.56.65 15	
	1500	2.59.33	20141122 Fr	2.57.42 14	2.57.42 14	
	3000	6.38.55	20150225 VH	6.33.35 14	6.33.35 14	
	5000	-		-	-	
	10000	-		-	-	
<b>45</b>	<b>K</b>	<b>Hege Nerstad Gundersen</b>		<b>Ringnes</b>	<b>1970*05*04</b>	<b>15</b>
	500	1.13.60	20150225 VH	-	1.04.77 82*	
	1000	2.40.89	20150127 VH	-	2.16.2 82*	
	1500	3.48.73	20150218 VH	-	3.48.73 15	
	3000	-		-	-	
	5000	-		-	-	
	10000	-		-	-	
<b>61</b>	<b>H60-64</b>	<b>Erik Gunnerød</b>		<b>Oslo Taxi</b>	<b>1953*09*14</b>	<b>15</b>
	500	47.52	20150210 VH	43.3 96	40.6 79*	
	1000	1.37.59	20141203 VH	1.30.6 01	1.26.4 77*	
	1500	2.30.06	20150114 VH	2.17.2 95	2.16.63 01*	
	3000	5.22.32	20141217 VH	4.56.5 00	4.50.14 00*	
	5000	9.31.05	20150107 VH	8.54.6 99	8.27.8 00*	
	10000	-		19.13.3 99	18.47.1 00*	

43	K	<b>Marja Haartsen</b>			<b>AkuMed</b>	<b>1972*01*08</b>	<b>15</b>
		500	53.61	20150218	VH	51.87 14	49.49 14*
		1000	-	-	-	1.47.6 07	1.37.80 07*
		1500	-	-	-	2.46.4 08	2.32.24 07*
		3000	-	-	-	6.04.2 06	5.32.19 07*
		5000	-	-	-	11.01.3 04	11.01.3 04
		10000	-	-	-	22.09.2 07	22.09.2 07
59	H50-59	<b>Espen Hansen</b>			<b>Nycomed Pharm</b>	<b>1956*01*03</b>	<b>15</b>
		500	44.12	20150127	VH	41.8 91	41.2 93*
		1000	1.27.12	20150127	VH	1.22.3 00	1.20.51 99*
		1500	2.17.06	20150304	VH	2.07.2 00	2.02.28 99*
		3000	4.51.94	20150225	VH	4.22.7 95	4.11.21 99*
		5000	8.29.84	20150107	VH	7.38.4 00	7.18.47 02*
		10000	-	-	-	16.05.7 93	15.57.34 08*
27	H16-39	<b>Andreas Haugerud</b>			<b>Haugerud</b>	<b>1987*07*21</b>	<b>15</b>
		500	44.71	20150225	VH	-	43.24 15*
		1000	1.32.55	20141203	VH	-	1.24.91 15*
		1500	2.17.67	20150211	VH	-	2.08.33 15*
		3000	4.45.93	20150210	VH	-	4.35.05 15*
		5000	8.21.91	20150211	VH	-	7.44.09 15*
		10000	17.44.94	20141217	VH	-	16.22.21 15*
28	H16-39	<b>Olav Fiksdal Haukvik</b>			<b>Aas-Jakobsen</b>	<b>1986*11*29</b>	<b>15</b>
		500	-	-	-	-	-
		1000	2.47.80	20150218	VH	-	2.47.80 15
		1500	-	-	-	-	-
		3000	-	-	-	-	-
		5000	-	-	-	-	-
		10000	-	-	-	-	-
56	H50-59	<b>Morten Henriksen</b>			<b>BernerGruppen</b>	<b>1958*12*03</b>	<b>15</b>
		500	43.71	20141122	Fr	41.7 09	39.70 77*
		1000	-	-	-	1.23.4 09	1.19.33 07*
		1500	-	-	-	2.07.2 10	2.00.09 07*
		3000	4.39.66	20141122	Fr	4.29.3 09	4.18.54 07*
		5000	-	-	-	-	7.23.24 09*
		10000	-	-	-	-	15.31.59 09*
32	H16-39	<b>Erik Hersleth</b>			<b>Aas-Jakobsen</b>	<b>1982*11*03</b>	<b>15</b>
		500	-	-	-	-	-
		1000	1.59.21	20150218	VH	-	1.59.21 15
		1500	-	-	-	-	-
		3000	-	-	-	-	-
		5000	-	-	-	-	-
		10000	-	-	-	-	-
71	H70-74	<b>Asbjørn Hildrum</b>			<b>OPIL</b>	<b>1944*05*20</b>	<b>15</b>
		500	49.67	20150127	VH	42.6 82	42.1 94*
		1000	1.40.09	20150127	VH	1.28.1 01	1.26.53 95*
		1500	2.41.83	20150211	VH	2.14.6 00	2.09.9 94*
		3000	5.26.75	20150210	VH	4.39.4 00	4.35.9 94*
		5000	9.48.57	20150211	VH	8.24.9 90	8.01.4 94*
		10000	19.38.44	20141217	VH	16.45.2 93	16.45.2 93
70	H70-74	<b>Per Magne Huse</b>			<b>Elin Huse</b>	<b>1944*07*28</b>	<b>15</b>
		500	50.76	20150114	VH	43.0 79	43.0 79
		1000	1.42.31	20141203	VH	1.29.5 83	1.29.5 83
		1500	2.35.32	20150114	VH	2.19.2 79	2.17.4 94*
		3000	5.31.96	20150210	VH	4.58.9 78	4.50.4 94*
		5000	9.56.91	20150211	VH	8.27.4 79	8.27.4 79
		10000	19.52.84	20141217	VH	17.44.0 80	17.44.0 80

<b>33</b>	<b>K</b>	<b>Ida Næss Høvik</b>		<b>Aas-Jakobsen</b>	<b>1981*09*26</b>	<b>15</b>
		500	-	-	-	
		1000	2.07.17 20150218 VH	-	2.07.17 15	
		1500	-	-	-	
		3000	-	-	-	
		5000	-	-	-	
		10000	-	-	-	
<b>33</b>	<b>H16-39</b>	<b>Håkon Iversen</b>		<b>COWI</b>	<b>1982*03*30</b>	<b>15</b>
		500	1.07.43 20150121 VH	-	1.07.43 15	
		1000	-	-	-	
		1500	-	-	-	
		3000	8.51.35 20150121 VH	-	8.51.35 15	
		5000	-	-	-	
		10000	-	-	-	
<b>42</b>	<b>K</b>	<b>Renate Jeppsson</b>		<b>Jeppsson</b>	<b>1973*04*16</b>	<b>15</b>
		500	46.72 20141217 VH	-	42.90 07*	
		1000	-	-	1.24.82 07*	
		1500	-	-	2.12.37 07*	
		3000	-	-	4.44.76 11*	
		5000	-	-	9.32.1 12*	
		10000	-	-	-	
<b>57</b>	<b>H50-59</b>	<b>Iver Johansen</b>		<b>FFI</b>	<b>1958*02*10</b>	<b>15</b>
		500	46.64 20150114 VH	43.1 00	42.81 99*	
		1000	1.46.46 20150128 VH	1.27.9 00	1.25.48 06*	
		1500	2.23.72 20150204 VH	2.14.1 02	2.11.42 02*	
		3000	4.55.24 20150210 VH	4.47.7 00	4.35.38 02*	
		5000	8.47.27 20150211 VH	8.19.6 02	7.59.85 02*	
		10000	17.49.71 20150218 VH	17.19.4 93	16.37.85 07*	
<b>57</b>	<b>H16-39</b>	<b>Hans Kristian Jorde</b>		<b>Aas-Jakobsen</b>	<b>1985*03*24</b>	<b>15</b>
		500	42.99 20150210 VH	41.82 13	41.29 14*	
		1000	1.25.06 20150218 VH	1.23.86 13	1.20.54 14*	
		1500	2.14.71 20150114 VH	2.07.11 13	2.02.39 14*	
		3000	4.46.63 20150210 VH	4.36.27 13	4.21.03 13*	
		5000	8.36.63 20150211 VH	8.04.27 13	7.34.29 03*	
		10000	-	16.53.65 14	16.04.73 13*	
<b>32</b>	<b>H16-39</b>	<b>Knut Lauvålien</b>		<b>Veidekke</b>	<b>1982*10*19</b>	<b>15</b>
		500	44.01 20141217 VH	-	38.91 02*	
		1000	1.35.36 20141203 VH	-	1.17.09 02*	
		1500	-	-	1.57.21 02*	
		3000	5.29.21 20141210 VH	-	4.02.55 02*	
		5000	-	-	7.04.23 02*	
		10000	-	-	-	
<b>31</b>	<b>H16-39</b>	<b>Ole Kristian Lied</b>		<b>Geovita</b>	<b>1983*09*08</b>	<b>15</b>
		500	-	-	-	
		1000	2.14.14 20150218 VH	-	2.14.14 15	
		1500	-	-	-	
		3000	-	-	-	
		5000	-	-	-	
		10000	-	-	-	
<b>31</b>	<b>H16-39</b>	<b>Martin Grothe Lien</b>		<b>Bygganalyse</b>	<b>1983*07*06</b>	<b>15</b>
		500	47.31 20150210 VH	1.15.03 14	47.31 15	
		1000	1.38.75 20150127 VH	-	1.38.75 15	
		1500	2.38.63 20150211 VH	2.51.26 14	2.38.63 15	
		3000	5.36.12 20150210 VH	-	5.36.12 15	
		5000	9.58.88 20150107 VH	11.27.39 14	9.58.88 15	
		10000	-	-	-	

<b>54</b>	<b>H50-59</b>	<b>Gunnar Ligaarden</b>		<b>AdvokatDirekt</b>	<b>1961*03*09</b>	<b>15</b>
	500	49.06	20150225	VH	47.2 07	46.15 08*
	1000		-		1.33.2 07	1.32.30 09*
	1500	2.27.29	20150204	VH	2.21.8 08	2.14.22 07*
	3000	5.07.70	20150210	VH	4.56.4 08	4.42.09 07*
	5000	8.53.84	20150107	VH	8.41.25 12	8.13.11 12*
	10000	19.01.15	20141217	VH	17.47.6 06	17.19.44 07*
<b>73</b>	<b>H70-74</b>	<b>Magnar Lundberg</b>		<b>LKS</b>	<b>1942*04*15</b>	<b>15</b>
	500	53.29	20150304	VH	45.0 73	45.0 73
	1000	1.47.71	20150127	VH	1.35.7 71	1.35.7 71
	1500	2.39.02	20150304	VH	2.29.1 70	2.29.1 70
	3000	5.34.64	20150210	VH	5.31.4 72	5.31.4 72
	5000	9.49.16	20150211	VH	10.37.05 14	9.19.80 15*
	10000	20.25.45	20141217	VH	20.58.0 77	19.30.12 15*
<b>35</b>	<b>H16-39</b>	<b>Vidar Wang Lutnæs</b>		<b>Aas-Jakobsen</b>	<b>1979*07*12</b>	<b>15</b>
	500		-		-	37.40 01*
	1000	1.25.72	20150218	VH	-	1.13.34 02*
	1500		-		-	1.54.17 02*
	3000		-		-	4.10.28 99*
	5000		-		-	7.35.74 99*
	10000		-		-	15.40.35 99*
<b>37</b>	<b>H16-39</b>	<b>Ole Kristian Løke</b>		<b>Aas-Jakobsen</b>	<b>1977*08*18</b>	<b>15</b>
	500		-		-	-
	1000	2.17.00	20150218	VH	-	2.17.00 15
	1500		-		-	-
	3000		-		-	-
	5000		-		-	-
	10000		-		-	-
<b>33</b>	<b>H16-39</b>	<b>Øyvind Minsaas</b>		<b>Aas-Jakobsen</b>	<b>1981*10*06</b>	<b>15</b>
	500		-		-	-
	1000	2.54.85	20150218	VH	-	2.54.85 15
	1500		-		-	-
	3000		-		-	-
	5000		-		-	-
	10000		-		-	-
<b>29</b>	<b>H16-39</b>	<b>Hans Andreas Moe</b>		<b>COWI</b>	<b>1985*12*17</b>	<b>15</b>
	500	1.32.72	20150121	VH	-	1.32.72 15
	1000		-		-	-
	1500		-		-	-
	3000		-		-	-
	5000		-		-	-
	10000		-		-	-
<b>67</b>	<b>H65-69</b>	<b>Jan Olsen</b>		<b>Olsen</b>	<b>1948*04*07</b>	<b>15</b>
	500	52.65	20150210	VH	44.8 80	43.9 78*
	1000		-		1.30.2 84	1.30.1 93*
	1500	2.37.73	20141217	VH	2.18.8 90	2.15.2 93*
	3000	5.29.53	20150210	VH	4.50.3 90	4.41.1 93*
	5000	9.36.09	20150107	VH	8.25.6 91	8.09.3 78*
	10000		-		17.16.5 92	17.16.5 92
<b>63</b>	<b>H60-64</b>	<b>Stein Opdahl</b>		<b>SSB</b>	<b>1952*03*01</b>	<b>15</b>
	500	51.99	20150225	VH	46.5 01	46.5 01
	1000	1.47.00	20141203	VH	1.34.5 04	1.33.71 03*
	1500	2.42.82	20150114	VH	2.24.5 02	2.21.07 03*
	3000	6.03.87	20150225	VH	5.02.4 02	4.57.39 02*
	5000	10.02.88	20150107	VH	8.47.1 00	8.36.77 03*
	10000	20.46.50	20141217	VH	18.12.2 04	17.36.55 03*

<b>79</b>	<b>H75-79</b>	<b>Kjell H Riise</b>		<b>Riise</b>		<b>1935*09*16</b>	<b>15</b>
	500	1.16.02	20150304	VH	1.22.40	13	1.16.02 15
	1000	-	-	-	-	-	2.38.47 15*
	1500	4.08.14	20150304	VH	4.13.50	13	4.00.42 15*
	3000	-	-	-	8.37.61	13	8.13.60 15*
	5000	-	-	-	-	-	-
	10000	-	-	-	-	-	-
<b>54</b>	<b>H50-59</b>	<b>Espen Riktor</b>		<b>Fagdata</b>		<b>1961*05*16</b>	<b>15</b>
	500	53.45	20150225	VH	-	-	51.35 15*
	1000	-	-	-	-	-	-
	1500	2.36.48	20150304	VH	-	-	2.29.39 15*
	3000	5.21.51	20150210	VH	-	-	5.21.51 15
	5000	9.08.63	20150107	VH	-	-	9.07.27 14*
	10000	19.32.64	20141217	VH	-	-	18.12.34 15*
<b>49</b>	<b>H40-49</b>	<b>Kim Sekkelsten</b>		<b>DNT</b>		<b>1965*07*02</b>	<b>15</b>
	500	56.98	20150304	VH	56.60	14	56.3 12*
	1000	1.55.96	20150127	VH	1.55.45	12	1.55.45 12
	1500	2.57.23	20150204	VH	2.52.39	12	2.52.39 12
	3000	6.12.46	20150210	VH	6.06.82	14	6.06.82 14
	5000	10.50.84	20150107	VH	10.35.72	12	10.19.0 12*
	10000	21.33.96	20150218	VH	21.59.9	09	21.33.96 15
<b>56</b>	<b>H50-59</b>	<b>Vidar Skripeland</b>		<b>Bufetat</b>		<b>1959*05*26</b>	<b>15</b>
	500	-	-	-	49.87	14	48.6 12*
	1000	-	-	-	-	-	-
	1500	-	-	-	-	-	2.28.5 12*
	3000	-	-	-	-	-	-
	5000	8.41.01	20150107	VH	8.32.86	14	8.06.67 15*
	10000	17.44.58	20141217	VH	18.43.70	14	16.34.17 15*
<b>26</b>	<b>H16-39</b>	<b>Hans Kristian Smedsrød</b>		<b>Eggs Design</b>		<b>1989*01*20</b>	<b>15</b>
	500	40.52	20150225	VH	-	-	37.71 09*
	1000	-	-	-	-	-	1.14.74 09*
	1500	-	-	-	-	-	1.58.61 09*
	3000	-	-	-	-	-	4.16.95 08*
	5000	-	-	-	-	-	7.31.33 08*
	10000	-	-	-	-	-	17.04.84 09*
<b>57</b>	<b>H50-59</b>	<b>John K Solem</b>		<b>DNB</b>		<b>1957*07*11</b>	<b>15</b>
	500	49.58	20150127	VH	48.0	08	47.89 08*
	1000	1.40.01	20150127	VH	1.37.9	10	1.37.47 11*
	1500	2.36.52	20150304	VH	2.28.9	10	2.25.19 08*
	3000	5.34.42	20150225	VH	5.13.3	08	5.05.36 10*
	5000	-	-	-	9.19.0	08	8.53.52 08*
	10000	-	-	-	-	-	18.36.54 08*
<b>24</b>	<b>H16-39</b>	<b>Peder Stadaas</b>		<b>Superski</b>		<b>1990*09*22</b>	<b>15</b>
	500	56.66	20141122	Fr	-	-	56.66 15
	1000	-	-	-	-	-	-
	1500	3.02.59	20141122	Fr	-	-	3.02.59 15
	3000	-	-	-	-	-	-
	5000	-	-	-	-	-	-
	10000	-	-	-	-	-	-
<b>60</b>	<b>H60-64</b>	<b>Arne Stenhaug</b>		<b>ABC Matter</b>		<b>1955*06*16</b>	<b>15</b>
	500	44.98	20150127	VH	41.9	07	41.21 09*
	1000	1.36.11	20150127	VH	1.25.5	03	1.21.98 10*
	1500	2.23.79	20150304	VH	2.13.5	06	2.03.45 07*
	3000	5.03.75	20141217	VH	4.37.6	06	4.23.55 07*
	5000	8.42.11	20150107	VH	8.11.8	08	7.38.80 07*
	10000	-	-	-	16.53.7	06	16.16.06 07*



64	H60-64	Oddmar Stenhaug		Stenhaug	1950*07*20	15
		500	53.96 20150304 VH	50.78 13	50.78 13	
		1000	-	1.47.89 14	1.44.08 13*	
		1500	2.42.75 20150304 VH	2.37.15 13	2.32.28 14*	
		3000	5.49.28 20150225 VH	5.33.93 14	5.18.73 14*	
		5000	10.09.10 20150107 VH	9.23.64 13	9.19.88 15*	
		10000	-	19.27.33 14	19.27.33 14	
59	H50-59	Per Gunnar Stensvaag		SAS	1956*05*18	15
		500	47.21 20141217 VH	44.6 05	43.63 04*	
		1000	-	2.01.0 07	1.27.71 13*	
		1500	2.33.91 20150218 VH	2.27.0 03	2.12.5 06*	
		3000	-	5.12.2 06	4.36.72 06*	
		5000	-	8.52.46 14	7.50.53 07*	
		10000	-	17.44.8 04	16.49.57 04*	
27	K	Monica Svenningsen		Aas-Jakobsen	1988*05*01	15
		500	-	-	-	
		1000	2.12.03 20150218 VH	-	2.12.03 15	
		1500	-	-	-	
		3000	-	-	-	
		5000	-	-	-	
		10000	-	-	-	
64	H60-64	Torbjørn Sæther		Eidsvoll Kom.	1950*12*05	15
		500	51.26 20150210 VH	44.4 88	43.0 82*	
		1000	-	1.34.2 06	1.27.4 90*	
		1500	2.32.03 20150211 VH	2.17.2 92	2.11.7 93*	
		3000	5.06.04 20150210 VH	4.48.9 89	4.38.3 93*	
		5000	8.54.62 20150211 VH	8.19.2 89	8.04.5 94*	
		10000	-	16.31.2 93	16.31.2 93	
44	K	Susanne Vangen		SAS	1971*02*02	15
		500	1.09.28 20150218 VH	-	1.04.33 15*	
		1000	-	-	2.10.60 15*	
		1500	3.32.22 20150218 VH	-	3.18.24 15*	
		3000	-	-	6.56.06 15*	
		5000	-	-	13.30.93 15*	
		10000	-	-	25.39.42 15*	
64	H60-64	Erik Vea		Sørum Komm.	1951*06*11	15
		500	45.94 20150127 VH	41.6 91	40.02 78*	
		1000	1.30.88 20150127 VH	1.25.8 07	1.20.8 79*	
		1500	2.20.85 20150114 VH	2.05.0 92	2.00.44 80*	
		3000	5.04.35 20150121 VH	4.29.5 91	4.12.40 04*	
		5000	8.39.51 20141217 VH	8.05.3 10	7.20.85 04*	
		10000	-	18.30.83 14	15.34.5 78*	
43	H40-49	Sveinung Vea		Skift Gir	1972*05*24	15
		500	47.51 20150127 VH	47.05 13	45.99 13*	
		1000	1.34.34 20150127 VH	1.34.10 13	1.32.34 15*	
		1500	2.23.52 20150211 VH	2.20.31 13	2.14.59 13*	
		3000	-	4.48.00 13	4.45.21 14*	
		5000	8.21.12 20150107 VH	8.24.52 13	8.15.52 14*	
		10000	17.14.70 20141217 VH	17.28.15 14	16.32.00 15*	
70	H70-74	Anders Værang		Skanska	1944*07*21	15
		500	50.80 20150127 VH	42.0 80	41.5 77*	
		1000	1.39.04 20150127 VH	1.25.2 80	1.23.8 77*	
		1500	2.35.34 20141217 VH	2.13.1 81	2.07.71 76*	
		3000	5.40.85 20141210 VH	4.49.6 80	4.33.43 76*	
		5000	-	8.24.0 80	7.47.6 76*	
		10000	-	18.09.6 84	16.57.5 76*	

<b>26</b>	<b>H16-39</b>	<b>Mads Mareng Weum</b>		<b>Aas-Jakobsen</b>	<b>1989*05*07</b>	<b>15</b>
	500		-	-	-	
	1000	1.54.60	20150218 VH	-	1.54.60	15
	1500		-	-	-	
	3000		-	-	-	
	5000		-	-	-	
	10000		-	-	-	
<b>35</b>	<b>H16-39</b>	<b>Vegard Woldsengen</b>		<b>Geovita</b>	<b>1980*08*24</b>	<b>15</b>
	500		-	-	-	
	1000	1.57.72	20150218 VH	-	1.57.72	15
	1500		-	-	-	
	3000		-	-	-	
	5000		-	-	-	
	10000		-	-	-	
<b>48</b>	<b>H40-49</b>	<b>Odd Arild Ødegaard</b>		<b>Valle Kiosk</b>	<b>1967*04*24</b>	<b>15</b>
	500	45.94	20150210 VH	47.17	45.31	15*
	1000		-	-	1.34.85	12*
	1500	2.27.29	20150211 VH	2.30.46	2.14.96	15*
	3000	5.03.65	20150210 VH	5.07.32	5.03.65	15
	5000	8.46.43	20150211 VH	8.38.65	8.05.27	15*
	10000	17.54.67	20141217 VH	-	16.29.82	15*
<b>64</b>	<b>H60-64</b>	<b>Øivind Øiseth (Andersen)</b>		<b>Katalogforl.</b>	<b>1951*04*05</b>	<b>15</b>
	500	50.10	20150210 VH	43.2	42.1	81*
	1000		-	1.25.9	1.23.5	89*
	1500	2.35.00	20150211 VH	2.10.7	2.06.7	89*
	3000	5.06.32	20150210 VH	4.36.7	4.30.9	93*
	5000	8.46.42	20150107 VH	8.03.9	7.40.91	02*
	10000		-	15.57.9	15.57.9	93