

OBIKs SKØYTELEKSIKON  
Kun deltagere 1984/1985 - dato

pr 2018-04-06

Klasse	Navn			Klasse-best	Bedrift	Født	sist
2017/18	Beste OBIK-løp			før sesongen	OBIK-beste	Pers. rek.	reg.
	sesongen 2017/18				før sesongen	(*=ikke OBIK)	ses.
<b>61</b>	<b>H60-64</b>	<b>Pål Agdestein</b>			<b>Agdestein osv</b>	<b>1957*05*26</b>	<b>18</b>
	500	49.72	20180103 VH	45.68 17	41.1 05	40.3 93*	
	1000	1.38.94	20180103 VH	1.29.35 17	1.21.9 99	1.20.8 00*	
	1500	-	-	2.16.51 17	2.06.6 00	2.02.59 11*	
	3000	-	-	-	4.31.1 99	4.16.50 11*	
	5000	-	-	-	7.48.5 99	7.25.09 02*	
	10000	-	-	16.09.35 17	15.44.6 93	15.38.20 15*	
<b>30</b>	<b>H16-39</b>	<b>Kjetil Amundrud</b>			<b>Ahus</b>	<b>1987*12*24</b>	<b>18</b>
	500	-	-	41.22 16	41.22 16	36.50 07*	
	1000	-	-	1.22.63 16	1.22.63 16	1.12.87 07*	
	1500	2.05.27	20180207 VH	2.10.29 15	2.10.29 15	1.56.30 08*	
	3000	4.34.44	20180214 VH	4.29.07 15	4.29.07 15	4.04.88 16*	
	5000	-	-	7.53.01 15	7.53.01 15	7.04.06 16*	
	10000	-	-	-	-	14.44.70 17*	
<b>30</b>	<b>H16-39</b>	<b>Ragnar Bragvin Andresen</b>			<b>Jobzone</b>	<b>1988*02*01</b>	<b>18</b>
	500	-	-	47.23 15	47.23 15	47.23 15	
	1000	-	-	-	-	-	
	1500	-	-	-	-	-	
	3000	5.26.12	20171122 Fr	4.54.08 15	4.54.08 15	4.54.08 15	
	5000	-	-	-	-	-	
	10000	-	-	-	-	-	
<b>65</b>	<b>H65-69</b>	<b>Tom Askerøi</b>			<b>Oscar Records</b>	<b>1952*10*23</b>	<b>18</b>
	500	1.04.92	20180130 VH	-	51.6 90	51.6 90	
	1000	2.12.59	20180130 VH	-	1.47.6 89	1.47.6 89	
	1500	3.16.52	20180207 VH	-	2.44.5 90	2.43.6 93*	
	3000	7.08.07	20180306 VH	-	5.42.4 89	5.37.6 93*	
	5000	11.55.88	20180117 Fr	-	9.52.9 02	9.52.9 02	
	10000	24.59.22	20171213 Fr	-	19.24.1 93	19.24.1 93	
<b>57</b>	<b>H50-59</b>	<b>Eric Askildsen</b>			<b>AFK</b>	<b>1961*06*12</b>	<b>18</b>
	500	48.66	20180103 VH	47.16 17	47.16 17	45.41 18*	
	1000	1.40.84	20180103 VH	1.33.76 17	1.33.76 17	1.33.76 17	
	1500	-	-	-	-	2.13.14 18*	
	3000	-	-	-	-	4.42.24 18*	
	5000	-	-	-	-	7.57.93 18*	
	10000	17.06.36	20171213 Fr	-	-	16.17.09 18*	
<b>57</b>	<b>H50-59</b>	<b>Kjetil Narum Bakken</b>			<b>KNBakken</b>	<b>1960*10*12</b>	<b>18</b>
	500	47.00	20180130 VH	44.74 12	44.74 12	43.80 09*	
	1000	1.35.92	20180130 VH	1.31.47 16	1.31.2 09	1.27.29 11*	
	1500	2.28.60	20180207 VH	2.19.43 12	2.18.5 04	2.11.29 07*	
	3000	5.12.82	20180306 VH	4.43.99 11	4.43.99 11	4.34.22 11*	
	5000	8.50.57	20180307 VH	8.10.48 11	8.05.9 09	7.47.23 11*	
	10000	-	-	16.53.08 16	16.53.08 16	16.12.69 08*	
<b>59</b>	<b>H50-59</b>	<b>Torbjørn Bratli</b>			<b>KLP</b>	<b>1958*11*17</b>	<b>18</b>
	500	49.83	20180130 VH	49.93 16	49.93 16	49.83 18	
	1000	1.42.53	20180130 VH	1.43.52 16	1.43.52 16	1.42.53 18	
	1500	-	-	2.44.92 15	2.44.92 15	2.44.92 15	
	3000	-	-	-	-	-	
	5000	-	-	-	-	-	
	10000	-	-	-	-	-	

<b>70</b>	<b>H70-74</b>	<b>Geir Brunsvik</b>				<b>Oslo-Lærerne</b>	<b>1948*02*26</b>	<b>18</b>
	500	54.37	20180130	VH	-	43.6 80	42.5 68*	
	1000	1.50.03	20180130	VH	-	1.31.5 80	1.31.1 80*	
	1500	2.48.67	20180221	VH	-	2.28.3 80	2.16.1 68*	
	3000	5.57.48	20180117	Fr	-	5.40.0 80	4.56.7 68*	
	5000	-	-	-	-	9.53.30 15	8.39.9 68*	
	10000	-	-	-	-	21.16.37 15	21.16.37 15	
<b>64</b>	<b>H60-64</b>	<b>Per Inge Båtnes</b>				<b>HiOA</b>	<b>1954*04*15</b>	<b>18</b>
	500	49.45	20180124	VH	48.92 17	48.92 17	47.35 17*	
	1000	1.38.23	20180130	VH	-	-	1.33.43 17*	
	1500	2.39.98	20180124	VH	2.31.90 17	2.31.90 17	2.21.76 17*	
	3000	5.27.04	20180117	Fr	5.24.42 16	5.24.42 16	5.02.12 17*	
	5000	-	-	-	9.13.25 14	9.13.25 14	8.45.68 16*	
	10000	-	-	-	18.13.31 16	18.13.31 16	18.13.31 16	
<b>59</b>	<b>H50-59</b>	<b>Frode Eidsmo</b>				<b>Korsv Rør-serv</b>	<b>1959*01*18</b>	<b>18</b>
	500	49.48	20180103	VH	42.89 12	42.89 12	40.8 85*	
	1000	1.37.17	20180103	VH	1.23.9 09	1.23.9 09	1.20.66 15*	
	1500	-	-	-	2.08.5 09	2.08.5 09	2.01.73 15*	
	3000	4.39.65	20180214	VH	4.24.58 11	4.24.58 11	4.10.34 11*	
	5000	-	-	-	7.27.01 13	7.27.01 13	7.03.62 11*	
	10000	17.31.77	20171213	Fr	15.55.86 14	15.55.86 14	15.17.26 14*	
<b>67</b>	<b>H65-69</b>	<b>Terje Erfjord</b>				<b>Statnett</b>	<b>1951*06*21</b>	<b>18</b>
	500	50.92	20171129	Fr	47.80 16	44.3 95	43.5 87*	
	1000	1.43.18	20180130	VH	1.37.37 16	1.29.1 94	1.27.7 89*	
	1500	2.33.83	20171206	Fr	2.26.9 16	2.15.5 01	2.10.6 89*	
	3000	5.22.10	20180221	VH	4.55.92 16	4.40.0 02	4.31.0 94*	
	5000	9.40.53	20180307	VH	8.21.55 16	8.04.4 95	7.48.95 02*	
	10000	-	-	-	-	16.08.9 93	16.08.9 93	
<b>68</b>	<b>H65-69</b>	<b>Kjell Furulund</b>				<b>Furulund</b>	<b>1949*07*31</b>	<b>18</b>
	500	57.88	20180110	VH	53.68 17	53.68 17	53.68 17	
	1000	-	-	-	-	-	-	
	1500	3.00.10	20180221	VH	2.54.88 17	2.54.88 17	2.54.88 17	
	3000	-	-	-	-	-	-	
	5000	-	-	-	-	-	-	
	10000	-	-	-	-	-	-	
<b>56</b>	<b>H50-59</b>	<b>Jon Gauslaa</b>				<b>Oslo Tinghus</b>	<b>1962*01*10</b>	<b>18</b>
	500	51.92	20180306	VH	45.64 12	45.4 99	44.43 12*	
	1000	-	-	-	1.29.85 12	1.29.1 10	1.24.22 11*	
	1500	2.30.70	20180307	VH	2.11.51 13	2.11.51 13	2.04.83 11*	
	3000	5.05.87	20180306	VH	4.30.87 13	4.30.87 13	4.16.43 11*	
	5000	8.29.42	20180307	VH	7.42.50 13	7.41.15 11	7.15.10 11*	
	10000	17.15.43	20180221	VH	15.58.40 12	15.58.40 12	15.14.26 11*	
<b>34</b>	<b>H16-39</b>	<b>Christoffer Gundersen</b>				<b>Gundersen</b>	<b>1984*04*08</b>	<b>18</b>
	500	49.89	20171206	Fr	54.6 06	54.6 06	45.06 14*	
	1000	-	-	-	2.01.4 06	2.01.4 06	1.33.56 15*	
	1500	2.38.37	20171206	Fr	2.39.51 16	2.39.51 16	2.24.56 14*	
	3000	-	-	-	6.26.0 10	6.26.0 10	5.02.31 14*	
	5000	-	-	-	11.51.8 09	11.51.8 09	9.10.09 14*	
	10000	-	-	-	24.56.2 10	24.56.2 10	24.56.2 10	
<b>64</b>	<b>H60-64</b>	<b>Erik Gunnerød</b>				<b>Oslo Taxi</b>	<b>1953*09*14</b>	<b>18</b>
	500	49.60	20180130	VH	46.43 14	43.3 96	40.6 79*	
	1000	1.42.66	20180130	VH	1.36.54 14	1.30.6 01	1.26.4 77*	
	1500	2.35.88	20180207	VH	2.29.21 14	2.17.2 95	2.16.63 01*	
	3000	5.36.95	20180306	VH	5.22.32 15	4.56.5 00	4.50.14 00*	
	5000	9.56.82	20180228	VH	9.31.05 15	8.54.6 99	8.27.8 00*	
	10000	-	-	-	-	19.13.3 99	18.47.1 00*	



<b>60</b>	<b>H60-64</b>	<b>Iver Johansen</b>				<b>FFI</b>		<b>1958*02*10</b>	<b>18</b>	
	500	47.64	20171129	Fr	-	43.1	00	42.81	99*	
	1000	1.46.26	20180103	VH	-	1.27.9	00	1.25.48	06*	
	1500	2.26.99	20180221	VH	-	2.14.1	02	2.11.42	02*	
	3000	4.56.76	20180306	VH	-	4.47.7	00	4.35.38	02*	
	5000	8.27.39	20180307	VH	-	8.19.6	02	7.59.85	02*	
	10000	18.13.28	20171213	Fr	-	17.19.4	93	16.37.85	07*	
<b>33</b>	<b>H16-39</b>	<b>Martin Johansson</b>				<b>Ny Struktur</b>		<b>1984*09*26</b>	<b>18</b>	
	500	-	-	-	-	-	-	-	-	
	1000	-	-	-	-	-	-	-	-	
	1500	-	-	-	-	-	-	-	-	
	3000	-	-	-	-	-	-	-	-	
	5000	-	-	-	-	-	-	-	-	
	10000	18.47.47	20171213	Fr	-	-	-	18.47.47	18	
<b>33</b>	<b>H16-39</b>	<b>Hans Kristian Jorde</b>				<b>Aas-Jakobsen</b>		<b>1985*03*24</b>	<b>18</b>	
	500	43.13	20180306	VH	41.82	13	41.82	13	41.29	14*
	1000	1.25.17	20180130	VH	1.23.02	16	1.23.02	16	1.20.54	14*
	1500	2.10.59	20180307	VH	2.07.11	13	2.07.11	13	2.02.39	14*
	3000	4.39.34	20180306	VH	4.29.27	16	4.29.27	16	4.21.03	13*
	5000	7.58.68	20180117	Fr	7.52.53	14	7.52.53	14	7.34.29	13*
	10000	17.19.85	20171213	Fr	16.45.59	17	16.45.59	17	16.04.73	13*
<b>48</b>	<b>H40-49</b>	<b>Nils Juell</b>				<b>Geodata</b>		<b>1970*05*30</b>	<b>18</b>	
	500	-	-	-	-	-	-	51.68	18*	
	1000	-	-	-	-	-	-	-	-	
	1500	-	-	-	-	-	-	2.31.68	18*	
	3000	-	-	-	-	-	-	5.50.89	18*	
	5000	9.29.20	20180117	Fr	-	-	-	9.28.69	18*	
	10000	20.44.27	20171213	Fr	-	-	-	19.52.17	18*	
<b>24</b>	<b>H16-39</b>	<b>Erik Aske Kolstad</b>				<b>E. Kolstad</b>		<b>1994*02*01</b>	<b>18</b>	
	500	54.35	20180103	VH	-	-	-	54.35	18	
	1000	2.03.07	20180103	VH	-	-	-	2.03.07	18	
	1500	-	-	-	-	-	-	-	-	
	3000	-	-	-	-	-	-	-	-	
	5000	-	-	-	-	-	-	-	-	
	10000	-	-	-	-	-	-	-	-	
<b>26</b>	<b>H16-39</b>	<b>Morten Aske Kolstad</b>				<b>Kolstad</b>		<b>1992*05*05</b>	<b>18</b>	
	500	43.24	20180130	VH	44.40	17	44.40	17	41.64	18*
	1000	1.27.37	20180130	VH	1.29.57	17	1.29.57	17	1.25.45	17*
	1500	2.13.06	20180307	VH	2.15.54	17	2.15.54	17	2.13.06	18
	3000	4.48.62	20180306	VH	4.53.05	17	4.53.05	17	4.34.38	17*
	5000	8.15.62	20180307	VH	8.15.07	17	8.15.07	17	8.13.01	17*
	10000	18.17.70	20171213	Fr	-	-	-	16.16.62	17*	
<b>49</b>	<b>H40-49</b>	<b>Kurt Feiring Larsen</b>				<b>Larsen</b>		<b>1968*09*04</b>	<b>18</b>	
	500	49.41	20171129	Fr	49.98	17	49.98	17	45.2	87*
	1000	1.42.52	20180130	VH	1.45.33	17	1.45.33	17	1.34.2	87*
	1500	2.42.61	20180221	VH	2.42.26	17	2.42.26	17	2.28.8	86*
	3000	6.06.36	20180110	VH	5.54.73	17	5.54.73	17	5.15.3	87*
	5000	-	-	-	10.32.84	17	10.32.84	17	9.14.5	86*
	10000	-	-	-	-	-	-	-	-	
<b>34</b>	<b>H16-39</b>	<b>Martin Grothe Lien</b>				<b>Bygganalyse</b>		<b>1983*07*06</b>	<b>18</b>	
	500	45.19	20180130	VH	46.14	16	46.14	16	45.18	18*
	1000	1.31.23	20180130	VH	1.31.82	17	1.31.82	17	1.31.23	18
	1500	2.19.49	20171206	Fr	2.25.26	17	2.25.26	17	2.14.30	18*
	3000	4.51.79	20180306	VH	5.02.26	17	5.02.26	17	4.51.79	18
	5000	8.30.64	20180117	Fr	8.31.80	16	8.31.80	16	8.18.80	18*
	10000	18.00.31	20171213	Fr	18.54.39	17	18.54.39	17	18.00.31	18

<b>76</b>	<b>H75-79</b>	<b>Magnar Lundberg</b>				<b>LKS</b>		<b>1942*04*15</b>	<b>18</b>	
	500	53.63	20180306	VH	51.75	17	45.0	73	45.0	73
	1000	1.46.93	20180130	VH	1.44.63	17	1.35.7	71	1.35.7	71
	1500	2.38.58	20180221	VH	2.40.22	17	2.29.1	70	2.29.1	70
	3000	5.40.59	20180214	VH	5.37.56	17	5.31.4	72	5.23.51	18*
	5000	9.54.92	20180307	VH	9.36.98	17	9.36.98	17	9.05.76	17*
	10000	-	-	-	19.14.77	17	19.14.77	17	18.45.30	16*
<b>39</b>	<b>H16-39</b>	<b>Frode Nordahl</b>					<b>Nimble</b>	<b>1979*06*23</b>	<b>18</b>	
	500	55.73	20180110	VH	59.02	16	59.02	16	50.43	18*
	1000	-	-	-	-	-	-	-	2.00.16	16*
	1500	-	-	-	3.14.36	16	3.14.36	16	2.45.23	18*
	3000	-	-	-	-	-	-	-	6.10.89	18*
	5000	-	-	-	-	-	-	-	-	-
	10000	-	-	-	-	-	-	-	-	-
<b>58</b>	<b>H50-59</b>	<b>Njål Nore</b>					<b>Akershus Fylkes</b>	<b>1960*05*03</b>	<b>18</b>	
	500	-	-	-	-	-	-	-	-	-
	1000	-	-	-	-	-	-	-	-	-
	1500	-	-	-	-	-	-	-	-	-
	3000	-	-	-	-	-	-	-	-	-
	5000	-	-	-	-	-	-	-	-	-
	10000	18.59.11	20180221	VH	-	-	-	-	18.59.11	18
<b>35</b>	<b>H16-39</b>	<b>Jostein Nørbech</b>					<b>Prodecon</b>	<b>1983*06*20</b>	<b>18</b>	
	500	49.39	20180103	VH	46.00	17	46.00	17	45.85	18*
	1000	1.38.98	20180103	VH	-	-	-	-	-	1.38.98
	1500	-	-	-	2.17.49	17	2.17.49	17	2.12.27	18*
	3000	5.12.28	20171122	Fr	4.42.17	17	4.42.17	17	4.37.59	18*
	5000	-	-	-	8.00.96	17	8.00.96	17	8.00.96	17
	10000	17.07.11	20171213	Fr	16.33.31	17	16.33.31	17	15.54.80	18*
<b>44</b>	<b>K</b>	<b>Kim van Oorschot</b>					<b>BI</b>	<b>1973*09*27</b>	<b>18</b>	
	500	-	-	-	-	-	-	-	54.60	93*
	1000	-	-	-	-	-	-	-	1.49.85	94*
	1500	-	-	-	-	-	-	-	2.49.80	94*
	3000	-	-	-	-	-	-	-	5.55.87	95*
	5000	-	-	-	-	-	-	-	-	-
	10000	22.56.51	20171213	Fr	-	-	-	-	22.09.84	16*
<b>66</b>	<b>H65-69</b>	<b>Stein Opdahl</b>					<b>SSB</b>	<b>1952*03*01</b>	<b>18</b>	
	500	52.62	20171129	Fr	53.61	17	46.5	01	46.5	01
	1000	1.48.45	20180130	VH	1.48.81	17	1.34.5	04	1.33.71	03*
	1500	2.49.42	20171206	Fr	2.48.95	17	2.24.5	02	2.21.07	03*
	3000	5.59.26	20180117	Fr	6.06.32	17	5.02.4	02	4.57.39	02*
	5000	-	-	-	-	-	8.47.1	00	8.36.77	03*
	10000	-	-	-	21.08.13	17	18.12.2	04	17.36.55	03*
<b>57</b>	<b>H50-59</b>	<b>Espen Riktor</b>					<b>Riktorsoft</b>	<b>1961*05*16</b>	<b>18</b>	
	500	52.97	20180130	VH	52.64	16	52.64	16	51.35	15*
	1000	1.45.42	20180130	VH	1.49.70	17	1.49.70	17	1.45.42	18
	1500	2.37.11	20180307	VH	2.35.63	17	2.35.63	17	2.29.39	15*
	3000	5.23.32	20180214	VH	5.18.64	16	5.18.64	16	5.18.64	16
	5000	9.15.05	20180117	Fr	9.08.63	15	9.08.63	15	8.49.61	18*
	10000	19.55.19	20171213	Fr	19.32.64	15	19.32.64	15	18.12.34	15*
<b>50</b>	<b>K</b>	<b>Marit D Riktor</b>					<b>Ahus</b>	<b>1967*11*11</b>	<b>18</b>	
	500	1.14.28	20180306	VH	-	-	-	-	1.06.4	09*
	1000	-	-	-	-	-	3.00.3	95	2.25.71	14*
	1500	3.52.84	20180307	VH	-	-	4.01.8	16	3.20.4	09*
	3000	7.32.75	20180306	VH	-	-	-	-	7.12.80	14*
	5000	12.55.37	20180117	Fr	-	-	13.50.55	16	11.35.6	09*
	10000	28.54.74	20171213	Fr	-	-	-	-	23.52.6	07*

<b>52</b>	<b>H50-59</b>	<b>Kim Sekkelsten</b>				<b>DNT</b>		<b>1965*07*02</b>	<b>18</b>	
	500	59.78	20180130	VH	57.90	17	56.60	14	56.3	12*
	1000	2.01.48	20180130	VH	1.58.88	17	1.55.45	12	1.55.45	12
	1500	3.01.06	20180207	VH	2.54.28	17	2.52.39	12	2.52.39	12
	3000	6.19.72	20180306	VH	6.04.82	17	6.04.82	17	6.04.82	17
	5000	10.49.73	20180117	Fr	10.44.79	17	10.35.72	12	10.19.0	12*
	10000	22.09.66	20180221	VH	21.35.24	17	21.33.96	15	21.33.96	15
<b>47</b>	<b>H40-49</b>	<b>Øyvind Skarholt</b>					<b>Byggevareind</b>	<b>1970*11*01</b>	<b>18</b>	
	500	48.83	20171206	Fr	51.15	17	51.15	17	48.25	18*
	1000	-	-	-	-	-	-	-	-	-
	1500	2.29.07	20180207	VH	2.32.62	17	2.32.62	17	2.23.22	18*
	3000	5.13.89	20180306	VH	5.21.51	15	5.21.51	15	5.10.28	18*
	5000	9.11.46	20180307	VH	9.06.88	17	9.06.88	17	8.43.77	18*
	10000	19.01.30	20171213	Fr	18.44.27	17	18.44.27	17	18.44.27	17
<b>59</b>	<b>H50-59</b>	<b>Vidar Skripeland</b>					<b>Bufetat</b>	<b>1959*05*26</b>	<b>18</b>	
	500	-	-	-	49.87	14	49.87	14	47.41	16*
	1000	-	-	-	-	-	-	-	-	-
	1500	-	-	-	-	-	-	-	2.19.79	18*
	3000	-	-	-	5.14.09	16	5.14.09	16	4.45.03	16*
	5000	8.26.31	20180117	Fr	8.21.87	17	8.21.87	17	7.46.16	17*
	10000	18.08.78	20171213	Fr	16.40.67	16	16.40.67	16	15.48.15	17*
<b>60</b>	<b>H60-64</b>	<b>John K Solem</b>					<b>DNB</b>	<b>1957*07*11</b>	<b>18</b>	
	500	51.63	20171129	Fr	-	-	48.0	08	47.89	08*
	1000	-	-	-	-	-	1.37.9	10	1.37.47	11*
	1500	-	-	-	-	-	2.28.9	10	2.25.19	08*
	3000	-	-	-	-	-	5.13.3	08	5.05.36	10*
	5000	-	-	-	-	-	9.19.0	08	8.53.52	08*
	10000	-	-	-	-	-	-	-	18.36.54	08*
<b>63</b>	<b>H60-64</b>	<b>Arne Stenhaug</b>					<b>ABC Matter</b>	<b>1955*06*16</b>	<b>18</b>	
	500	47.67	20180130	VH	44.32	16	41.9	07	41.21	09*
	1000	1.42.74	20180130	VH	1.36.11	15	1.25.5	03	1.21.98	10*
	1500	2.36.65	20180124	VH	2.23.79	15	2.13.5	06	2.03.45	07*
	3000	5.26.75	20180110	VH	4.54.38	16	4.37.6	06	4.23.55	07*
	5000	-	-	-	8.42.11	15	8.11.8	08	7.38.80	07*
	10000	-	-	-	18.03.69	17	16.53.7	06	16.16.06	07*
<b>62</b>	<b>H60-64</b>	<b>Per Gunnar Stensvaag</b>					<b>SAS</b>	<b>1956*05*18</b>	<b>18</b>	
	500	47.45	20171129	Fr	46.16	16	44.6	05	43.63	04*
	1000	-	-	-	1.42.60	17	1.42.60	17	1.27.71	13*
	1500	-	-	-	2.36.05	16	2.27.0	03	2.12.5	06*
	3000	6.34.00	20171122	Fr	5.38.47	17	5.12.2	06	4.36.72	06*
	5000	-	-	-	-	-	8.52.46	14	7.50.53	07*
	10000	20.40.47	20171213	Fr	19.34.51	17	17.44.8	04	16.49.57	04*
<b>47</b>	<b>K</b>	<b>Susanne Vangen Stensvaag</b>					<b>SAS</b>	<b>1971*02*02</b>	<b>18</b>	
	500	1.18.03	20171129	Fr	1.06.18	16	1.06.18	16	1.03.40	18*
	1000	-	-	-	-	-	-	-	2.10.60	15*
	1500	-	-	-	3.25.55	16	3.25.55	16	3.18.24	15*
	3000	8.43.51	20171122	Fr	7.35.70	17	7.35.70	17	6.56.06	15*
	5000	-	-	-	-	-	-	-	12.10.22	18*
	10000	29.23.42	20171213	Fr	26.07.72	17	26.07.72	17	25.13.73	18*
<b>31</b>	<b>K</b>	<b>Marit Stubø</b>					<b>Simonsen Vogt W</b>	<b>1986*09*28</b>	<b>18</b>	
	500	52.82	20180130	VH	53.18	17	53.18	17	51.07	18*
	1000	1.49.60	20180130	VH	1.51.77	17	1.51.77	17	1.44.85	18*
	1500	2.55.23	20171206	Fr	2.50.59	17	2.50.59	17	2.38.85	18*
	3000	5.56.60	20180306	VH	6.18.40	17	6.18.40	17	5.41.46	18*
	5000	10.19.47	20180117	Fr	10.42.78	17	10.42.78	17	9.53.25	18*
	10000	25.03.80	20171213	Fr	24.05.03	17	24.05.03	17	20.22.98	18*

<b>58</b>	<b>H50-59</b>	<b>Rune Sundland</b>				<b>Airborne AS</b>		<b>1960*06*25</b>	<b>18</b>
	500	56.64	20180306	VH	-	-		56.64 18	
	1000		-		-	-		-	
	1500	2.54.31	20180307	VH	-	-		2.52.46 18*	
	3000	6.01.85	20180306	VH	-	-		6.01.85 18	
	5000	10.45.63	20180307	VH	-	-		10.20.11 16*	
	10000		-		-	-		21.28.14 16*	
<b>67</b>	<b>H65-69</b>	<b>Erik Vea</b>				<b>Sørnum Komm.</b>		<b>1951*06*11</b>	<b>18</b>
	500	47.63	20180130	VH	45.42 16	41.6 91		40.02 78*	
	1000	1.33.56	20180130	VH	1.32.23 16	1.25.8 07		1.20.8 79*	
	1500	2.25.04	20180221	VH	2.19.86 16	2.05.0 92		2.00.44 80*	
	3000		-		4.43.64 16	4.29.5 91		4.12.40 04*	
	5000		-		-	8.05.3 10		7.20.85 04*	
	10000		-		-	18.30.83 14		15.34.5 78*	
<b>46</b>	<b>H40-49</b>	<b>Sveinung Vea</b>				<b>Skift Gir</b>		<b>1972*05*24</b>	<b>18</b>
	500	47.29	20171129	Fr	45.20 16	45.20 16		45.20 16	
	1000	1.43.70	20180103	VH	1.34.10 13	1.34.10 13		1.28.85 18*	
	1500	2.20.31	20171206	Fr	2.18.32 16	2.18.32 16		2.14.30 16*	
	3000		-		4.48.00 13	4.48.00 13		4.38.86 16*	
	5000	8.22.41	20180117	Fr	8.16.31 16	8.16.31 16		7.59.10 16*	
	10000		-		16.42.61 17	16.42.61 17		16.14.26 17*	
<b>33</b>	<b>H16-39</b>	<b>Marcus Tiedemann Westbye</b>				<b>Grappa Musikkf</b>		<b>1983*10*31</b>	<b>18</b>
	500		-		-	-		-	
	1000		-		-	-		-	
	1500		-		-	-		-	
	3000	9.42.66f	20171122	Fr	-	-		9.42.66 18	
	5000		-		-	-		-	
	10000		-		-	-		-	
<b>51</b>	<b>H50-59</b>	<b>Odd Arild Ødegaard</b>				<b>Valle Kiosk</b>		<b>1967*04*24</b>	<b>18</b>
	500	46.95	20180130	VH	46.10 17	45.94 15		44.80 16*	
	1000	1.34.03	20180130	VH	1.32.36 17	1.32.36 17		1.29.08 17*	
	1500		-		2.16.64 17	2.16.64 17		2.12.53 16*	
	3000		-		4.45.83 17	4.45.83 17		4.45.83 17	
	5000		-		8.15.71 17	8.15.71 17		7.55.12 17*	
	10000		-		-	17.54.67 15		16.08.88 17*	
<b>67</b>	<b>H65-69</b>	<b>Øivind Øiseth (Andersen)</b>				<b>Katalogforl.</b>		<b>1951*04*05</b>	<b>18</b>
	500	49.19	20171129	Fr	47.85 16	43.2 90		42.1 81*	
	1000	1.38.48	20180130	VH	1.36.71 16	1.25.9 90		1.23.5 89*	
	1500	2.28.53	20180207	VH	2.26.09 17	2.10.7 90		2.06.7 89*	
	3000	5.09.23	20180221	VH	4.56.25 16	4.36.7 89		4.30.9 93*	
	5000	9.34.85	20180307	VH	8.21.65 16	8.03.9 87		7.40.91 02*	
	10000		-		17.04.32 17	15.57.9 93		15.57.9 93	